



# Made from plants !

## for good health and conscious living ...



*For many people, eating meat is a pleasure. However, it would be preferable to consume more vegetable protein.*

- better for your health : reduced risk of cardiovascular diseases, cancer, obesity and diabetes.
- better for the environment and nature : fewer greenhouse gas emissions, less deforestation and a reduction in the loss of nature, energy and water consumption and the manure surplus.
- better for the well-being of the animal : more space for animals, fewer animal diseases and less animal suffering.

Vegan products are products on base of proteins from peas and wheat, such as :



Falafel



Lentil burger



Fresh minced



Vegetable burger



Tofu block



Spicy tofu

Vegetarian products are products on base of proteins from animals such as eggs (from free-range chickens) and milk, such as :



Hamburger



Mince patty



Cordon bleu



Vegetable balls



Nuggets



Bratwurst

*They look like meat, taste like meat but are everything but meat !!!!*



**MADE FROM PLANTS!**

